



Information
for
Peregrini

Notes on Peregrinatio Pro Christo

The Peregrinatio Pro Christo (PPC) Movement of the Legion of Mary offers to legionaries, ordained clergy, seminarians, and religious sisters and brothers a unique opportunity of taking part in the missionary apostolate of the Church for a period of one or two weeks.

“PPC must be conceived as a frontal approach to those without faith, proposing to them the Church in its fullness and seeking their adherence to it” (Some **Peregrinatio Principles** by Frank Duff). In the area to which peregrini are assigned **the approach will be to everyone**. All those who are not Catholics will have the Church offered to them ‘in its fullness’. To do this, peregrini will need to be prepared to talk about the Truths and doctrines of the Catholic Faith. Practising Catholics will be encouraged to play a really active part in the Church; non-practising Catholics will be encouraged to be reconciled with God.

“Since like the faithful, lay Christians are entrusted by God with the apostolate by virtue of their Baptism and Confirmation, they have the right and duty, individually or grouped in associations, to work so that the divine message of salvation may be known and accepted by all men throughout the earth” (**Catechism of the Catholic Church – Section 900**).

PPC IS OPEN TO: -

- All senior legionaries (subject to the Application Form being signed by the Praesidium President.
- Clergy, Seminarians, Religious Sisters, and Religious Brothers who may or may not be legionaries, **but must accept the Legion of Mary rules.**

The conditions for joining PPC are that we faithfully practice our religion, are loyal to the teachings of the Holy Father and are doing substantial work in our Praesidium.

The Standing Instruction and General Rules

of the Legion of Mary apply on PPC. Usually a daily Meeting, following the Rules of the Praesidium Meeting will be held. At these meetings, the Legion Prayers, punctual attendance at the appointed time for the Meeting, visitation in pairs, carrying out and reporting on work assigned, and safeguarding the confidence of all those contacted must be accepted by all taking part.

Peregrini must pay their way. This is **obligatory**.

Further information and briefing will be given after the closing date when collation of the Application Forms has been completed.

Preparation for Peregrinatio

- Spiritual preparation is vital for the success of any PPC. Peregrini may consider undertaking something extra, e.g. daily Mass, praetorian membership, True Devotion to Mary, holy hours before the Blessed Sacrament, extra Rosaries or other prayers.
- Are you satisfied that you are capable of a hard week's work from the point of view of health and fitness? Do you suffer from any complaint for which you take medication; if so, do you have your doctor's ok to participate?
- The application form must be completed and returned to the PPC Coordinator together with the completed medical form and a copy of your current Working With Children and Police Checks. Once you have submitted your application, withdrawal from the PPC should occur only for very grave reasons.

Personal Items of Use on your PPC Holiday

Here is a suggested list of items that you will need to take with you:

- Comfortable walking shoes**
- Warm and Cool clothing (night time may be cold)
- Mobile phone
- Umbrella, raincoat
- Hat, sun screen, sunglasses
- Insect repellent
- Personal toiletries
- Personal reading matter for the quiet reflective breaks
- Legion of Mary Handbook and Rosary
- Camera
- Medicare card
- Personal identification for interstate travel, e.g. Driver's licence, copy of passport (your passport is safer at home)



On the home front:

- Give your family contact details of the PPC parish.

Some Pointers on Door to Door

- Always start your visitation with prayer.

Below are *suggestions* on what can be said when a door is opened to you.

- Hello. We are *N.....* and *N.....*. We are visiting all the homes in your area on behalf of (*name of parish*) Catholic Church. The Parish Priest sends his greetings to everyone living here and hopes you are well. If there is anything he can do for you he would be most willing to help in some way.
- Hello, We are *N.....* and *N.....*. We are working for the Parish Priest from (*name of parish*) Catholic Church and we were wondering if there are any Catholics living here.
- Hello, We are *N.....* and *N.....*. We are visiting on behalf of (*name of parish*) Catholic Church. We were wondering if there are any Catholics living here. If the answer is ‘No’... “That’s fine... Have a lovely day and thanks for your time. Would you like to accept a small prayer card? (St Francis Peace Prayer). Please pray for peace.” If the answer is ‘Yes...but I don’t go any more or some answer that may indicate that they have not been to church for a while, a good opener is..... ‘God still loves you.....1. Here is some parish information with Mass times, a Miraculous Medal and a leaflet that tells you about the medal. Or 2. Would you like to accept this Or 3. Please accept this as a souvenir of our visit Or 4. The Blessed Sacrament is exposed onwhich is a quiet time you could spend with Jesus if you wish. You would be most welcome. 5. Would it be OK if we filled out this card in front of you, (show card) for Father to help keep his records up to date?” *Depending on the response, you may fill the card out for them or allow/ask them to fill it out. If you leave it with them more than likely you will never see it again.*
- In all of the above be aware that Jesus and Mary are with you. How would they speak to these people?
- Jesus and Mary will guide you in your responses if you will allow them. Sometimes listening in silence may be more effective. Perhaps only a short reply is required, but listen to the promptings of the Holy Spirit.
- Very few of us are theologians, so refer all difficult problems to the parish priest. Do not get out of your depth. Admit openly if you do not know the answer, but assure them that you will find out and will let them know.
- Always end your visit with “Thank you for your time.....God bless” or Thank you for your time we might see you on Sunday then.....God bless”

Please adapt the above to suit your own style and personality andGod bless!

Gentleness and kindness at all times. Remember we have disturbed them and should not disturb them further by agitating them.

Never get into an argument – you may win an argument but could lose a soul.

PPC Application Form

Please complete and return this form together with your completed Personal Medical Information form to the PPC Coordinator by the closing date.

I would like to take part in the PPC to

Name:

Address:

.....

Phone: email:

I belong to the praesidium in parish.

I will be available on the following days:

Start Date:..... **End Date:**

Please tick applicable:

This is my first time on a PPC/ I have had previous experience on a PPC.

I have read the information in the PPC Participants Booklet.

I will have a car available for use during the PPC.

I understand that I am responsible for my own transport costs to and from the PPC.

I would like to apply for billeting accommodation arranged by the parish.

OR

I will arrange my own accommodation during the PPC.

I agree to the PPC Conditions:

Signature:

The above legionary is a member of my Praesidium and is recommended for PPC work. I confirm that the legionary is doing substantial work at praesidium level.

Praesidium President to sign

Name:

Signature:

Confidential Personal Medical Information

Information for the Team Leader in the event of an Emergency.

This form must be completed and given to the Team Leader in a sealed envelope. The envelope will be opened only in the case of an emergency to your personal welfare. Otherwise, the envelope will be returned to you at the end of the PPC in its original sealed condition. In your interest please share your medical information with the Team who will be able to be of assistance to you in the event of an emergency. Your privacy will be respected.

Name:

Address:

Phone

Medicare Number

*Private Health Care Provider:

*Private Health Care Number:

*Ambulance subscription no.
(*If applicable)

My doctor is: Name..... Phone No:

I have the following existing medical condition(s):

- Diabetes High Blood Pressure Arthritis Heart Condition
 Asthma Epilepsy Other:..... I am allergic to penicillin: Yes/No

Other allergies

I am currently taking the following medication(s):

1. Dosage.....
2. Dosage.....
3. Dosage.....
4. Dosage.....

My next of kin is (Name):

Address:

Phone:

Signature of PPC participant:.....

Please pray this prayer daily before the PPC.

PPC Novena Prayer

*O Mary, Mother of Jesus and Mother of the Church,
we are mindful of the role you play in the evangelization
of souls who do not yet know Him.*

*We ask you, Mary, to help us to fulfill this mission of
evangelization*

which your Son has given to his Church and which falls to us.

*Mindful of your role as Help of Christians,
we entrust ourselves to you in the work of carrying the Gospel
ever deeper into the hearts and lives of those we meet.*

*We entrust to you our peregrinatio pro Christo
and commit our cause totally to your prayers.*

*May our efforts be guided by the Holy Spirit
so that we might courageously proclaim Christ
who is the Way, the Truth and the Life.*

Mary, Star of the New Evangelisation, Pray for us

St. Joseph, Pray for us

St. Peter and St. Paul, Pray for us

St. John the Baptist, Pray for us

Servant of God, Frank Duff, pray for us.