

To Jesus through Mary



Junior Legion of Mary

2015

- *This Booklet should be used as a guide when starting a Junior Praesidium*
- *Please read sections of the Legion Handbook that deal with Junior Praesidia.*
- *If you need help in any way please do not hesitate to contact the Senatus President, or an officer of your higher council.*

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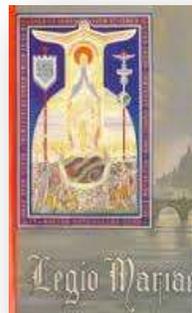
Code of Behaviour for Senior Members of the Legion of Mary

- You should never find yourself alone with a minor during any Legion activity.
- Do not undertake any car/minibus journey alone with a child/minor. If only one adult is available, it is advisable that a minimum of two young people be in the vehicle for the entire journey. If this is not possible, parent/guardian should be contacted and a record kept.
- Favouritism is unacceptable; do not show signs of favouritism. Do not spend a disproportionate amount of time with any particular child or group of children.
- Always be aware of the imbalance of power in an adult/child relationship. Do not engage in or tolerate any kind of behaviour, verbal, psychological or physical, which could be construed as bullying.
- Only use age appropriate language, media products, and activities. Where physical games/sports are concerned, be particularly conscious of age and safety.
- Respect the physical integrity of a child; do not engage in inappropriate contact such as horseplay, tickling, wrestling, etc. Never use any kind of physical reprimand. This should not preclude appropriate contact to comfort a distressed child.
- Respect children's privacy; especially in swimming pools, changing areas, showers and toilets. Do not use or allow the children to use cameras/camera phones in such areas.
- Never do things of a personal nature such as toileting, washing, changing children who are capable of doing so unaided.
- Never encourage young people to visit your private home. Should you visit the home of a child while on a parish visit, do not enter if there are no adults home and observe professional boundaries at all times.

Legion of Mary Handbook

Junior Praesidia

An army always provides for its future by the establishment of military training schools. Similarly, it should be regarded as a necessary part of the system of each senior praesidium to conduct a junior praesidium: two of the senior legionaries should be assigned to the junior praesidium as officers. As the training of juniors requires certain qualities, not every senior legionary is fitted for the office. Therefore they should be carefully selected. Their work in that capacity may be held to satisfy their work obligation for their senior praesidium. They shall represent the junior praesidium on the Curia, or on a junior Curia¹ if such exists.



The other two officerships should be filled by junior members who will thereby obtain admirable training in responsibility. They shall represent the praesidium on a junior Curia. Juniors may not sit on a senior Curia.
Handbook Chapt. 14, para. 22

See also CHAPTER 36 - JUNIOR PRAESIDIA

¹ Legionaries under 18 years of age cannot sit on a Senior Curia. But if deemed advisable by the Curia, a Junior Curia, subject to the Curia, may be set up.
Handbook Chapter 28, para. 7

Starting a new Junior Praesidium

Visit to the Parish Priest / School Principal

- The Parish priest is the person in charge of his parish and we need to seek his permission to start a Junior Praesidium. He would need the cooperation of the school principal.
- Make an appointment with the Parish Priest and/or School Principal.
- Two legionaries should attend this meeting. One person should do the main talking.
- Pray before the meeting and ask the Holy Spirit and Mary to give you the words to touch all involved.
- Show enthusiasm. Ask for Jesus and Mary to help with answers.
- Bring pamphlets on the Legion, but not the Handbook at this stage.
- Talk about the Legion's success in other parishes locally as well as worldwide activities of the Legion.
- Explain how the meeting operates: Prayer, Spiritual Reading, work allocation.
- The Legion will support the Juniors with at least one adult legionary who has a Working with Children Check.
- Invite the parish priest to be the Spiritual Director. It is hoped that he will at least come to part or some of the meetings to show his support. A religious sister or brother is also very suitable as a Spiritual Director.
- Set a date and time for the talk with the children.
- The date for the first meeting should be also set as soon as possible after the talk, preferably within the following week.
- The priest/principal may know some parishioners that may be interested. You could visit some parents before the talk.

The Day at the School

- A short talk can be arranged to explain the Legion to the students and/or parents of the school. The teachers may start to explain the Legion to the students from material supplied prior to the talk. \ The presenter can be from within your own group (preferably).
- The content can be emotive, factual, historical or any combination. Overheads or a handout of printed material may be used.
- Once there is agreement that a Junior Praesidium is to be started, a letter can be sent home to those students who may be interested, with a meeting day and time of the first meeting.

The following can be used as a talk:

Can my 'Yes' make a difference? Mary's 'Yes' at the age of about 15 changed the world. Consider the changes in your life if you say 'yes' to her by working for her. She would not be asking you to take on anything that would be too difficult for you, only something that is good for you and someone else.

How the Legion can help you. The Apostles prayed together and went out in pairs to bring the Good News to people. In the Legion this is also our way. Each week we reserve a time to pray, to go out and do some active work. This work is a great stepping stone for adult responsibilities by giving you the necessary experience in helping others, within a caring system.

What work can be done by juniors?

- Serve at Holy Mass
- Give out Miraculous Medals
- Help at home
- Visit the elderly at a nursing home.
- Correspond with other Junior Legion Groups
- Encourage family members to pray the Rosary
- Help out at Parish functions.
- Hand out bulletins before Mass.
- Plus many more activities as requested by the Parish Priest.

The First Meeting with the Juniors

- Arrive early to set up the Legion altar.
- For the altar use a 30cm statue, vexillum, 2 small vases and 2 wide, short church candles rather than candle sticks. It is a good idea to have a clear plastic covering for the altar cloth also.
- Have ready: plastic rosaries, large print Tesseræ, Praying the Rosary for children books. (These should be kept together in a box and not given to children to take home.)
- Books for each officer: president's worksheet, minutes, treasurer's and roll call.
- Children should be appointed as Secretary, Treasurer and Vice-President. The President should always be an adult legionary.
- Spiritual Reading can be taken from a suitable children's book on the lives of the Saints. Keep it short so as not to lose their interest.
- Get the children involved in choosing a name for the praesidium. Eg. put some names in a basket and ask Our Lady to choose the name.
- Opening Prayers of the Tesseræ and one decade of the Rosary for the first few meetings. Slowly build this up to a full rosary.
- Explain what the Legion of Mary is about – Prayer, devotion to Mary, being of service to others.
- Have some work organised for them as soon as possible.
- Explain the various parts of the meeting as you go.
- Meeting should not go longer than one hour.
- Handbooks should be kept at the meeting place for safe-keeping.
- Support from Senatus is available at all times. No question too small.



Invitation Letter for Junior Membership

Legion of Mary
456 Queensberry Street
North Melbourne 3051
www.legionofmary.net.au



Dear Parents,

Your child has shown interest in joining the **Junior Legion of Mary** group in our Parish. This group will enable your child to grow spiritually and also learn to be an active apostolic worker in the Parish.

The meeting will last no longer than an hour. Your co-operation in bringing your child on time to the meetings and to pick them up would be appreciated.

A senior Legion of Mary member will be in attendance at the meetings. There is no cost involved, however the children are asked to make a small weekly contribution which will go towards providing supplies for the meeting and subsidising outings. All possible care will be taken while your child is with us.

If there are any medical problems we should know about please specify in the form below.

Thank you for letting us be a part of your child's spiritual growth in guiding them through prayer and service in the Legion of Mary apostolate.

Meeting Day	
Time	
Place	
Legion of Mary Contact	
Phone	

Please complete the Enrolment Form overleaf.

JUNIOR LEGION ENROLMENT FORM

Parent or guardian to complete: (All information provided is confidential.)

Child's Name:		Grade:	
Address:			
Telephone:		Date of Birth:	

I.....(Parent/guardian) give permission for my child.....to be enrolled in the Junior Legion of Mary at

I understand that by enrolling my child

- I will be responsible for picking him/her up from the meeting.
- My child will take part in all the prayers and activities of the Junior Legion.
- My child will behave in a courteous manner at all times.
- I will be responsible for Sunday Mass attendance of my child.
- My child must remain for the duration of the meeting (approximately 1 hour) and may not leave the meeting room without prior permission from a senior legionary.
- My child will attend as many meetings as possible during the school term.

I will be available to assist at outings and functions organised by the Legion of Mary.

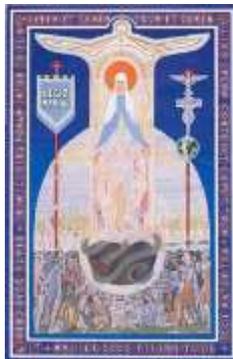
Signature.....Date.....

Name of Contact Person	
Address	
Phone No.	
Second Contact	Name: Phone No:
Please list any health problems that we should be aware of.	

Legion of Mary Information Meeting for Juniors and Parents

AGENDA

1. Introduction
2. Spirit of the Legion
3. The Devotional Outlook and Spirit of the Legion
4. Brief History
5. Legion of Mary Today
6. Who can be members?
7. Duty of each Legionary
8. What has the Junior Legion of Mary to offer our young?
9. What happens at a meeting?
10. Work for the Young
11. Closing /enrolment



Introduction

Spirit of the Legion

We use our Blessed Mother as an example of pure love, a model of faith, humility, perfect obedience, sweetness, purity, heroic patience, wisdom and self-sacrificing love of God.

We seek to see Christ in everyone and in every duty to serve Him with the same love as Mary. All this is done in closest unity with our Blessed Mother so that in all that the legionary does they try to show Mary's motherly concern for others.

Devotional Outlook

Legionaries meet each week to pray together. We have prayer in common through the Legion Prayers and rosary. We adopt a special Marian spirituality that is carefully outlined in the Legion Handbook. This is used for our guidance and spiritual formation. It also helps us increase in holiness and devotion to our Blessed Mother. We see our weekly meetings as a spiritual exercise training us to go forth and preach the Gospel to all nations. It is only when we have grown in faith that we can go out and put into action the love that our Lord has given us and then show it to others.

History of Legion of Mary

- Frank Duff founded the Legion of Mary in Dublin Ireland on 7 September 1921.
- With his insight, dedication and love for our Blessed Mother the Legion of Mary has spread to 175 countries around the world.
- Frank Duff died on 7 November 1980 and his cause for beatification is open.



The Legion of Mary Today

- Answering the call to evangelise from recent Popes and our Bishops.
- Reaching out to souls through personal contact.

Who Can Be Members

- Adult groups - all Catholic men and women over 18 years of age.
- Junior groups: all Catholic children under the age of 18.

Duty of each Legionary

- Punctual attendance at a weekly meeting.
- Daily recitation of the Catena (the Magnificat prayer)
- To perform some regular work of service as allocated at the meeting.
- To respect the confidential nature of many matters discussed at the Legion meeting.



What has the Junior Legion of Mary to offer young people?

- Growth in their own spiritual life through a renewal of holiness with faith, love, charity, patience and humility.
- To love God and love others.
- Training to love and serve God through the example of our Blessed Mother.
- Change in behaviour
- Obedience and respect.
- Discipline through weekly meetings
- Prayer with action
- Working as young apostles
- Responsibility through the weekly work obligation
- Increase in love for the Mass and the Eucharist
- Learn to see Christ in those they meet.
- Learn to be aware of others in need.
- Gain extra knowledge of our Catholic Faith.
- Develop fellowship with other brothers and sisters in Christ

What happens at a Meeting?

- There will be a senior legionary present at all times.
- An altar is set for each meeting with flowers, candles and a statue of Our Lady.
- We start with the Opening Prayers of the Legion taken from the Tessera (Legion prayer card).
- The Rosary is recited.
- A Spiritual Reading is read.
- Minutes of the previous meeting are read, roll call, treasurer's report and reports by each member on work done.
- A collection is taken (secret bag). The money is used to pay for various items such as candles, flowers, medals and to subsidise outings and activities.
- Children are only required to perform one hour's work each week.

Works that young Legionaries can do:

- Serve at Holy Mass
- Give out Miraculous Medals
- Help at home
- Send Get Well cards to sick children
- Visiting the elderly at a nursing home.
- Correspond with other Junior Legion Groups
- Encourage family members to pray the Rosary
- Help out at Parish functions.
- Hand out bulletins before Mass.
- Bringing the young together in faith such as Retreat days, sausage sizzle, video's etc.
- Music Ministry
- Any other works that the Parish Priest requests them to do.



Some suggestions/activities for Junior Legionaries

1. Jesus taught his disciples to say the 'Our Father'. Read your Bible Matthew 6: 7-13. Write a line or two about the meaning of this prayer and bring your findings to the meeting. Talk about it.
2. The 'Hail Mary' is a beautiful prayer of the Church. Where did it come from? Read the Bible, Luke 1:36 -38.
3. Kneel down beside your bed and pray quietly, thanking God for all his blessings.
4. Try to remember to make the Sign of the Cross in the morning, when you wake and before you go to sleep at night.
5. Legionaries are required to say the Catena every day. Where does this prayer come from? Read the Bible, Luke
6. Say Grace before and after meals.
7. Pray each day for your family, friends, neighbours, teachers and your own intentions. Think carefully and write out:
 - Peace in the world
 - Parents
 - My best friend
 - All my friends
 - Legion group
 - My teacher
 - My brother/sister or cousin
 - My parish priest
 - The sick/elderly/dying

Add to this list.

Bring your prayer to the Legion group and read it out slowly and respectfully.

8. Did Jesus ever pray? Mark 1: 35-38 and Luke 4: 41-44. What happened after He prayed? (Remind children of the Church's teaching on prayer. Keep it brief.)
9. How can we give glory to God? (Let children explain in their own words. CHECK, GUIDE & INSPIRE them in their search.)
10. Read Psalm 139 1-5;13-15. (God knows everything) Let the children marvel at God's wisdom.
11. Write down the names of Jesus' apostles. Do we have any of them as patrons of the Legion? Look in the Legion Handbook.

12. On page 62 of the Legion Handbook, Frank Duff writes about the Legion of Mary being very special. Read the first paragraph only, and talk about what you understand.
13. Listen to the Gospel reading on Sunday. Write about five lines about how you understand God's Word.
14. Legion Handbook pages 19, 20 a,b,c,d.....22. Important for Spiritual Director or President to read. Explain clearly to your juniors. Let them open their Handbook and ask questions.
15. On the table each week have:
 - Bible. Open on the table. Children may purchase their own.
 - Handbooks for each Legionary. Put name on each and let children have at each meeting.
 - Rosaries, Miraculous Medals & Leaflets, Prayer cards, scapulars.
 - Books on Lives of the Saints.
16. Ideas:
 - Sacramentals are very important signs of the church.
 - Children need to be exposed to the Church's teachings and sacramentals.
 - Senior Legionaries need to educate children in doctrine and apostolic work through teaching, example, church attendance, etc.
17. Make a beautiful card for Mum/Dad. Tell them how much you appreciate them as your parents.
18. Help with things that need to be done in the kitchen/house. a) sweep the floor, b) dry the dishes or stack them in the dishwasher, c) set the table, d) take out the rubbish, e) make your bed, f) tidy your room.
19. Talk about your best day in the week.
20. Make a card for your teacher.
21. Be the first person to say 'sorry' if there is an argument.
22. Your Spiritual Director will help you find this statement in the Bible "Son behold your Mother. Mother behold your Son." Ask Mum or Dad to explain this to you and tell your Legion group about its meaning.
23. What is the meaning of the name of your Praesidium?
24. Suppose Jesus came to visit you at home? How would you welcome Him? Think respectfully and tell your story to the group.
25. **THIS IS VERY SPECIAL:** Buy an exercise book and write about the good times you had in your day. Keep this as a very beautiful account of the many ways you are loved through the things you write about.
 - Put the date in each day.
 - Write neatly and with meaning.

- Draw a picture and colour it.
 - Draw a line under your work each day.
26. Some short prayers to say throughout the day.
- ✘ In the morning say 'Jesus help me through this day'.
 - ✘ 'Jesus I love you' when you genuflect.
 - ✘ Say a Hail Mary for each of your family members.
 - ✘ Mary conceived without sin, pray for us who have recourse to you.
 - ✘ Jesus, Mary and Joseph, I love you – save souls.
 - ✘ Thank God for a beautiful day before going to sleep.
27. Keep everything simple with lots of fun. Respect and understanding of their stage in life.

Junior legionaries and the Legion Promise:



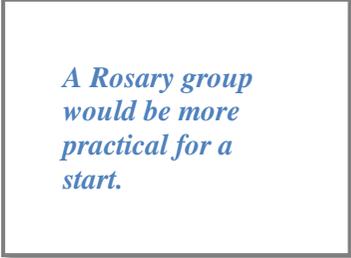
The following extract from a letter from Bro. Duff of a few years ago is quoted because of a recent query proposing some form of Promise for Junior Legionaries:

"The question of some form of initiation of Juniors is up again. Really I think that it would be better not to have that form of ceremony proposed, for it seems to infringe to a certain small extent upon the whole principle which we regard as governing junior membership. ***That principle is that the junior membership is itself a probationary period. For that reason Junior members are denied the taking of the Legion Promise and the wearing of the Vexillina.*** Variants of the ceremony are occasionally proposed, such as the making of a different sort of Promise to the senior one. The people who advance these suggestions do not seem to realise that immediately that new Promise would become a Legion Promise and thus would have circumvented the root idea of the Legion which keeps those things from Juniors. And so I think that anything analogous to what is prohibited to Juniors should not be granted to them. Why are the Juniors viewed as being purely a probationary class? It is because they are unquestionably a less solid Legion proposition than the Senior probation member. The proportion of Juniors who do not carry on into the senior ranks even having served through the junior membership is formidable. Still more formidable is the number of those who come into the junior ranks and who do not last long in them."

How the Junior Praesidium in Belmont (Geelong) Started

As the Immaculate Heart of Mary Praesidium at St. Bernard's, Belmont, surveyed our membership, it became more and more evident that this praesidium would, in time, simply die out from natural causes! It seemed, therefore, an urgent necessity to attract the younger generation into our ranks. For several years we had tried, without success, to interest the young adults and the 14-15 year olds. So we lowered our sights to the primary school children.

We already had the example of a junior praesidium which had been working successfully for several years at Queenscliff. This group was established at the instigation of the Parish Priest, Fr Murray. It was drawn from Grades 5 and 6. There was also an excellent junior praesidium working for several years in St. Thomas' Parish, Norlane, consisting of girls aged 8-15 years. As well as this group the Legion at St. Thomas' was conducting a Rosary group inside the school. The original idea here was to form a junior praesidium, but the legionaries soon learned that none of the children knew what the Rosary was, much less how to say it. So they decided a Rosary group would be more practical for a start. This was working very well, as the legionaries, with the co-operation of the Principal, were conducting the full religion period (45 minutes) each Friday with a combined Grades 4 and 5. The Legion altar was set up in the classroom, Rosary beads and Rosary leaflets were distributed to each child, and the method of saying the Rosary with an explanation of the mysteries was given. The children were also encouraged to do something good for Our Lady during the week and report on it at the next lesson.



*A Rosary group
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With these projects in mind, Immaculate Heart of Mary Praesidium, with the consent of the P.P., obtained permission from the school Principal to go into the school and speak to Grades 5 and 6 about Our Lady and the Legion. Our aim was to form a Rosary group initially, from which we could form a junior praesidium.

Accordingly, armed with a statue of Our Lady of Fatima and a few sets of Rosary beads and leaflets, we spoke to Grade 6 for about 20 minutes, and repeated the performance with Grade 5. We discovered two or three children only who knew anything about the Rosary or possessed Rosary beads or who knew anything at all about Our Lady of Fatima. So we gave them a thumbnail sketch of the Fatima story with stress on Our Lady's insistence on the recitation of the Rosary, and demonstrated how to use Rosary beads. (We had already introduced ourselves as legionaries of Mary, describing the Legion as an organisation in the Church which is ready to do any and every work in a parish for the P.P., doing all things for the love of Jesus, but in union with and through His and our Mother, Mary). We went on to tell the children we wanted to form a group of children who wanted to learn more about Mary and about how to say her Rosary, as she asked of us at Fatima, in order to save sinners. We made

it clear that this would involve some sacrifice on their part, as this Rosary group would have to be conducted in the lunch hour on one day in the week. However, we collected 15-20 names of children who wanted to be in the Rosary group. We also told them that this proposed Rosary Group would be a formation ground for candidates for a future junior praesidium of the Legion of Mary (this appealed to many).

The Rosary Group so formed was very successful. We got it under way in the last term of 1982, and had an average of 18-20 children each week. We started off choosing a mystery of the Rosary and telling the story or asking the children to tell us what they knew of that particular episode. (They love to get involved, and this approach would often lead to questions). We would then take the children to the Blessed Sacrament Chapel and we would recite one decade, of the Rosary, meditating on the mystery just discussed. Later on we started serializing the story of Fatima (about ten minutes), followed by a discussion on the mystery (10-15 minutes) and finishing off with the recitation of the decade.

We set up our junior praesidium with 10 Grade 4 children.

The following school year we set up our junior praesidium with 10 Grade 4 children. After a few meetings the number fell off to eight. We arranged the time of the meeting on a weekday immediately after school from 3.45 to 4.45 p.m., with our P.P as Spiritual Director. I should mention that we “vetted” each applicant for membership of the Legion pretty thoroughly. We visited each home and spoke to the parents - mainly the mother, explaining the Legion system and what would be expected of the children: attendance at a weekly meeting after school, supervised visits to elderly or handi-capped parishioners until they became confident enough to visit on their own in pairs. They would be receiving constant encouragement to be more charitable inside the family, more caring and thoughtful. All the parents were very impressed and happy to have their children in the Legion, although, without exception, the decision to become a member was left entirely up to the child.

For the first three of four meetings we said just one decade of the Rosary (our P.P. thought this would be good), but after that we asked them to say the full five decades, and there has never been any demur. The meeting then follows the usual format, but compressed into one hour. A short reading is taken from the Handbook, the large words sometimes being put into simpler language, I do the same thing with Handbook study. (If we don't watch the clock, the discussions that follow could go on indefinitely!). When Father is not present, I talk about the Mass, as I did finding their understanding of this somewhat defective, e.g., a meal celebration with the family, etc.

Fr Fitzpatrick wanted the children to learn to do pastoral work from the beginning. So, as I have the praesidium on my own, I choose two or three children and visit elderly and handicapped people in the parish and also a nursing-home. There are now four children who are capable of visitation without me, which is a great advance. The other

children are given a miraculous medal with leaflet to give to someone who will appreciate it. I have told them the story of the Miraculous Medal and Catherine Laboure in Allocutio time. They also report on help given to teachers or children at school or in the playground and on unsolicited work at home. Last year before First Communion date they had the task of taking the First Communion children into the Blessed Sacrament Chapel and teaching them the Hail Mary and some aspirations.

At the end of the school year I talked to the children about continuing on with the Legion meetings and work, even though they would be secondary students and bussing to and from school, they indicated that they wanted to carry on, which pleased me very much, because I want them to grow into the Legion. I arranged to hold the meeting from 4pm to 5pm to give them time to get back from school. I have managed to hold four with another four drifting in and out. I don't put pressure on them, as I understand Year 7 and the change from primary to secondary education, which is a very unsettling time. I drew ten children from the new Grade 6 at St. Bernard's, so we now have a praesidium of 14 members: 4 boys and 10 girls. Another girl applied for admission recently.

I realize that the setting up of a Rosary group within the school is extremely difficult without the cooperation of the Principal and class teachers and, unfortunately, this is not always forthcoming.

In this case perhaps the best thing to do would be an approach to the children through their homes and their parents, with the consent of the P.P. Of course maybe an appeal to the 13-15 age-group might be a better move in these circumstances, although the little primary children, 11 year-olds, I find are very eager and idealistic.

I would also like to mention that we have tried to organize some social entertainment for the praesidium at periodic intervals. The first effort was a party for Our Lady's Birthday. We arranged it for immediately after school, with soft drinks, cakes, birthday cake with candles, balloons, party games etc. The kids appreciate this sort of thing, find it demonstrates to them that membership of the Legion means more than work and prayer. It covers all facets of living.

One more thing: our juniors have been very enthusiastic about recruiting auxiliaries. So far they have 15-20 names on their roll. I hope this screed gives you a few clues on the subject and I pray that with Mary's help you will have great success in recruiting juniors in other parts of the Senatus.

God bless Mary Sexton Former President of Geelong Curia.

Edel Quinn

Edel Quinn was a pioneer legionary who went to Africa in 1936 to start up the Legion of Mary. She established hundreds of branches of the Legion before dying of tuberculosis at the young age of 36. Edel wrote the following letter to children:



Dear Children,

You must have heard of the Legion of Mary from your parents or at school. Perhaps you thought it was only for grown up people.

No, dear children, the Legion of Mary concerns you too, and I am sure you will be glad to have it explained to you. We can describe the Legion of Mary as an army of Catholics, enrolled under the banner of the Blessed Virgin, to fight Satan and his followers.

We all have to fight Satan, you as well as I. On the day of our Baptism, we became children of God; on the day of our Confirmation we became soldiers of Christ and you know that the soldier's duty is to fight his country's enemies. Now this fight imposes some little duties on us.

I do not know if some of you are scouts or cubs. A scout or a cub promises to perform one good deed every day. Why would not you who are Catholics try to do every day five or ten minutes of Catholic Action? Do not wait until you are older to be pious or to have a share in apostolic work. Begin at once. Get into the habit now of working for Jesus and His Holy Mother. They will bless you. You will be proud. Think about it, dear children. Do not say 'no' too quickly. Jesus loves you, Mary loves you, show that you love them too. Work for them.

Your friend,

Edel Quinn

Below is some advice given by Edel Quinn to the junior legionaries in Mauritius. She wrote this note to them while a patient in a sanatorium for tuberculosis in Africa.

“Always remember you are Legionaries of Our Lady. You should be proud to be known as legionaries, members of Our Lady's army. It is a privilege to be allowed to work for our Queen and her Son, and we must try to give of our best, for nothing less is good enough in her service.

Above all, be very faithful to your daily prayer, the Catena. Every Legionary, whether priest, religious, active or auxiliary member, says this prayer every day. The word *Catena* means chain, and every Legionary is a link in that chain, which can now be said to encircle the world. Do not be the one to break this union of prayer by neglecting that daily duty.

So let me see what you can you.”

